



Northwest Creative Therapy LLC

Leslie E. Jones, LPC, ATR-BC

Northwest Creative Therapy, LLC
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Philosophy and Approach: I respect the needs of clients; together we will formulate goals that address what is most important to your well-being. I utilize an eclectic theoretical framework, though have extensive experience utilizing cognitive behavioral techniques. My initial training focused on a psychodynamic orientation, and still informs the work I do with clients. This translates into being able to talk about concrete ways to meet objectives, while also looking at what might be the root cause of your distress.

Formal Education and Training: I hold a masters degree in Art Therapy Counseling from Marylhurst University. My training includes verbal and art therapy. I have completed two levels of Emotionally Focused Therapy training for work with couples. I am a registered, board certified art therapist. My major coursework included Human Growth & Development, Group Dynamics, Assessment & Counseling Skills, Art Therapy, and Psychopathology.

I have been a professional therapist since 1996, and have worked with a variety of clients in that time, both in community mental health agencies and private practice. I have addressed a variety of client issues, including grief and loss, family conflict, past sexual abuse, at-risk adolescent behaviors, families in crisis, symptoms of depression and anxiety, and struggle with self-concept. My current practice also includes working on infertility issues and the unique sense of grief and loss this can elicit.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists:

I will abide by its Code of Ethics, which can be found on the Oregon State web site at <http://www.oregon.gov/OBLPCT/web-coe.shtml>. A copy of the Code of Ethics can also be obtained from me upon request, or from the Board of Licensed Professional Counselors and Therapists. (See contact information at the end of this Personal Disclosure Statement.)

As a licensing requirement, I regularly attend trainings for continuing education in the counseling field. I have contracted for clinical supervision throughout my career, and engage in consultation to maintain the highest standards of professional practice.

Fees and Appointments:

I offer an initial free 30 minute consultation. The fee for 60 minute individual and couple sessions is \$100.00. If I am not on your insurance panel, we can discuss submitting a bill for reimbursement. However, full payment is required at the conclusion of each session. I offer a limited number of sliding scale options, and am happy to discuss the fee scale with you. I accept cash, checks or credit cards.

In the event that payment is not received at the end of a session, or there are any fees owed for missed appointments, the balance owed must be paid before another session can be scheduled.

If you are unable to keep your appointment, 24 hours notice is required. Except in the case of an emergency, you will be charged for any sessions missed without a 24 hour advance notice. The telephone number at the top of this page is available 24 hours a day. I check my messages frequently throughout the day. In the event of a mental health crisis, please call the Multnomah County Crisis Line at 503-988-4888.

As a client of an Oregon licensee of the Oregon Board of Licensed Professional Counselors and Therapists, you have the following rights:

- To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100)
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee;
- To be free from being the object of discrimination on the basis of age, color, disability, ethnicity, race, religion, sexual orientation, gender, marital status, socioeconomic status, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at:

Board of Licensed Professional Counselors and Therapists

3218 Pringle Rd SE #250

Salem, OR 97302-6312

Telephone: (503) 378-5499

Email: lpc.lmft@state.or.us

Website: www.oregon.gov/OBLPCT

For additional information about this counselor, consult the board's website.